



Allen County WIC Breastfeeding Services

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<http://www.allencountyhealthdepartment.org/wic.htm>

Prior to Delivery

Prenatal women are given a certification period that lasts through the EDD (estimated delivery date). After the initial appointment, follow up education and coupon pick up appointments occur every 3 months. Breastfeeding education occurs during the initial appointment for all prenatals, with possible additional education at the other appointments.

Breastfeeding Peer Helper Program

We staff members that are specifically dedicated to providing follow up education (beyond what happens during the clinic visits) with prenatal women throughout the pregnancy.

Breastfeeding education and support after delivery happens primarily through the peer program. They are available for consultation by phone or in the clinic separate from their WIC clinic appointments. Appointments for help with latch, other breastfeeding concerns, or pump instruction may be made by calling the WIC clinic.

Baby Weigh Scale

WIC is available for weight checks and monitoring of slow weigh gain. Scale is sensitive enough to measure amount of milk taken at the breast. Scales are available to loan to moms as needed.



Pumps

(Type of pump available depending on need)

- ❖ Hospital grade pumps are provided (loaned at no cost) to moms who have early pumping needs or circumstances that cause them to rely on a pump to establish milk supply. Currently, in Allen County, WIC is the only source for a loaned hospital grade pump.
- ❖ Double electric pump – loaned – for use in a variety of situations, including returning to work or school. Also used in situations where a double electric pump is needed for short term use.
- ❖ Double Electric pump – single user pump – used for returning to work or school, when breastfeeding is going well and long term breastfeeding is planned.
- ❖ Hand pumps – available to any mom who would like one. Appropriate for casual use or part time work, depending on mom's preference.

Pumps are now available with insurance coverage, although there is some variation in types of pumps available. WIC policy is being revised to give precedence to utilizing insurance for pump provision. WIC will still provide education and support and have short term loaner pumps available. WIC works closely with area lactation consultants.