

# Applebee's Activate Approved Menu Items



## **Meals:**

Cedar Grilled Lemon Chicken

Napa Chicken and Portobellos

Pepper Crusted Sirloin and Whole Grains

Savory Cedar Salmon

Blackened Tilapia

1/2 Grilled Chicken Cesar Salad (no or fat free Italian dressing)

House Salad (no or fat free Italian dressing)

## **Kids Meals:**

Chicken Grillers

KRAFT Macaroni and Cheese

4 oz. Sirloin

GoGo squeeZ Applesauce

Apple Dippers with Yogurt

Vanilla Yogurt with Strawberries

White Rice

Steamed Broccoli

Apple Juice

Orange Tangerine Juice

