

# Peanut Butter Cereal Bars

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HEALTHY RECIPE!

Servings: 12 (Serving Size: 1/12 of pan)

Calories (per serving): 302

Total Fat (per serving): 17 g

Carbs (per serving): 31 g

## Ingredients:

- 1 1/2 cups crunchy peanut butter (use natural to reduce added sugar)
- 1/2 cup raisins
- 1/3 cup honey
- 2 cups old fashioned oatmeal, uncooked
- 2 cups plain Cheerios or store-brand equivalent

## Directions:

- Coat a 8" x 8" baking pan with cooking spray or line with parchment paper.
- In a medium mixing bowl, combine all the ingredients.
- Press the bar mixture evenly into the pan
- Refrigerate for 2 hours. Cut into 12 squares. Keep refrigerated.