

Company Name Company Address	DATE: January 3, 2013
SUBJECT: Healthy Vending Policy	Page <u>1</u> of <u>2</u>

Whereas:

_____ is concerned about the health of our employees;

Whereas:

People have become more and more interested in eating smart and moving more;

Whereas:

Heart disease, cancer and stroke are largely affected by what we eat and how active we are;

Whereas:

Snack food products that are lower in fat and sugar are better choices for preventing many diseases;

Therefore:

Effective January 3, 2013 it is the policy of _____ that all snack and beverage vending offered by this organization will always include items that meet the following standards:

Nutrition Standards

At least _____% of foods served in vending machines should meet these standards:

- Have no more than 35% of its calories from total fat (not including nuts and seeds)
- Have no more than 10% of its calories from saturated fat
- Contain no trans fats
- Have no more than 35% sugar by weight (not including dried fruits, NO candy)

In addition, all efforts will be made to include the following:

- Items that have no more than 360 mg of sodium per serving
- Items that contain at least 2 grams of dietary fiber per serving

Beverage Standards

At least _____% of beverage vending machine offerings must include

- Beverages that contain 100% fruit or vegetable juice with no added sweeteners
- Water
- Nonfat or 1% low-fat milk
- Beverages that are limited to a portion size no greater than 12 ounces (no limit on water).
If juices are available in smaller-sized portions (6 oz.) they would be preferred.

Pricing /Placement Standards

- Beverage and food items meeting the mandatory standards must be sold at a price that is equivalent to or lower than the price of items in the vending machine that do not meet these nutrition standards.
- Items meeting the mandatory standards must be placed in the top third of the vending machine so that they are visible at eye level.

Date

Authorized Representative, Title