

Activate Allen County



December 2023



On November 18th, we hosted our 5th Annual Healthy Families Expo and had our biggest turn out yet! Over **800 residents** joined us at the Civic Center for lots of fun, resources and holiday spirit! Thank you to many of you who make this event possible each year!



Activated Neighborhood Challenge Awards

The **City of Lima Department of Housing and Neighborhoods** in partnership with **Activate Allen County and Mercy Health - St. Rita's** announced the Impact Grant Recipients for 2023: **Lima Area Tennis Association, Dr. Martin Luther King Jr. Neighborhood Association, Allen County Master Gardeners, Central Lima Neighborhood Association and Lima-Allen County Neighborhoods in Partnership (LACNIP)**. The 2023 Impact Grants will beautify our neighborhoods, educate community members on a new hobby, and get people of all ages involved in the community. Over **3000 community residents** will be impacted by these funds.



Activated Childcare Challenge Awards



In **December**, we awarded the **2023 Activated Childcare Awards** to the following 4 winners:

We Care Too Learning & Development Center
St. Mary's Christian Preschool
Shawnee Weekday Early Learning Center
Little Rockies Learning Center

Activate Change-QUIT Tobacco Cessation Program



Please call for availability, both self and MD referrals taken for Mercy's local cessation program.

Call 419-996-5633, option 2 to register- Phone line will be checked twice a week and we'll call you back to get you in a program (and provide a start date). Patients will receive one week of free nicotine patches following every weekly session they attend.



There are both state level and local resources available to assist you in quitting tobacco use. Start the New Year off on the right foot and make the healthy choice to quit smoking. Contact Activate with questions!!

2023-2026 CHIP Update

We are ready to launch our 2023-2026 Community Health Improvement Plan! **Thank you to the large group who have assisted in this lengthy process.**

2023-2026 Allen County CHIP Priority Areas

1. **Community Conditions**
 - Quality/Affordable Housing
 - Public Transportation
 - Green Spaces
 - Community Safety
2. **Mental Health and Substance Use**
 - Mental Health for Adults
 - Mental Health for Youth
 - Overdose
3. **Chronic Disease Prevention**
 - Healthy Food
 - Active Living
 - Tobacco
 - Well-Child
 - Chronic Disease Management
 - Healthy Environment
4. **Maternal and Infant Health**
 - Breastfeeding
 - Safe Sleep
 - Prevent Maternal Mortality

2023 Activate Allen County Stakeholder Meeting

On **October 18th**, we gathered with about **80 community leaders, stakeholders and local media** to discuss community health. At this annual meeting, we discuss our county's Community Health Improvement Plan- including successes, barriers, upcoming goals and new data along with trending topics. **This year, we also unveiled our new 2023-2026 CHIP** that we have been working on throughout the year. This document will now serve as our new guide to community health in Allen County.



Local news story:

[Activate Allen County and area partners discuss key health concerns | News | hometownstations.com](#)

Bike and Ped. Task Force End of Year Celebration

Advocate of the Year: Jim Morrisey

Volunteer of the Year: Jim Martin

Business of the Year: Crankers Cycling

Non-Profit of the Year: The Wheelhouse - A Christian Bicycle Cooperative



Community Activities/Events

A few more photos from our Expo!!



SAVE THE DATE!

Activate Allen County will be hosting a new event on March 7, 2023- **Chili for Charity**. Come join us for a bowl of chili and learn about programs and organizations in our community working to elevate mental health services. This will be a lunch event. Be on the lookout for registration information by following the Activate Allen County Facebook page!

1

BUY-IN

Each participant pays \$10 for a soup lunch & the ability to vote on their favorite presentation of the day. Each \$10 is adding to the pot of funds to be awarded to the winning presentation.

2

KEY-NOTE

Participants will learn about mental health issues that are effecting our community & what we can do to make a difference.

3

PRESENTATIONS

4 community organizations will present their unique proposals to address mental health issues in our community. Each presentation will last no longer than 5 minutes.

4

VOTE

Lunch is served! Following the presentations and while eating, participants will deliberate who should be awarded the funds raised during lunch. Each participant will vote for their choice.

2023 Newsletter, December

YOU Are Activate! Please follow us on Facebook and Twitter if you have not already done so! Website: www.ActivateAllenCounty.com
These avenues are great ways to stay up to date with what is happening!

NEW PLATFORM- Allen County Health Atlas!!!! We are excited to launch an online data portal to our community! Please take a minute to check out www.allencountyhealthatlas.org and view this quick video to learn more. Stay tuned for more information coming soon!



Listen to our Podcast- **Activate Your Health-**
every month! [Activate Your Health | Podcast](#)
[on Spotify](#)

Have a community success story to share?



**Interested in more information about Activate Allen County
and how to get involved? Please contact us today!**

Contact us: 419-222-6045 • Email: kmonfort@activateallencounty.com