



April 2025

You Are Invited to our Mental Health Chat!

**LET'S CHAT ABOUT
Mental Health
And Our Workplaces**

Join us for an engaging and interactive presentation led by speaker Chad Dunlap! Chad will challenge attendees to make mental health awareness part of your company culture and work more effectively together in a thoughtful manner. We spend much of our lives at work- let's work together to promote workplace wellness!

Presenting Sponsor:
cenovus
ENERGY

**Lima
Refinery**



**FREE and Open
to anyone wishing to learn
more about this important
topic!**

While the event is free, registration is requested for the breakfast count. Please register through the Lima Chamber website under the events tab.

Event parking will be located in the gravel lot across the street from the gym entrance and participants can use the crosswalk to enter through the rec hall.

Event Details:

- Date: Thursday, April 24, 2025
- Location: Cenovus Gym/Rec Hall
1131 S. Metcalf Street
- Time: 7 am Free Breakfast Available
7:30-9:00 am Program



Join us for a **FREE breakfast and presentation featuring local speaker and mental health advocate Chad Dunlap**. This is open to the public, but will be focused on how we can improve company culture through supporting employee mental health. You do not want to miss this opportunity to learn, engage in discussion, increase your toolbox and walk away with additional resources! Registration is requested for our breakfast count by using the QR code above or this link: [Mental Health in our Workplaces Chat with Chad Dunlap 4/24/25 - Apr 24, 2025 - Lima/Allen County Chamber of Commerce](#)

2nd Annual Chili for Charity

What is **Chili for Charity**? In order to respond to current and emerging challenges related to mental and behavioral wellness in our community, partners are coming together to provide Community Mini-Grant Funds. Funding sponsors included the Mental Health and Recovery Services Board, Cenovus Lima Refinery and the United Way of Greater Lima. Happy Daz sponsored our chili lunch and Mercy Health and the Lima Chamber played supporting roles. At this event, **5 organizations “pitched” to the audience how they would use funding to support youth mental and behavioral health needs.** The crowd then voted for who they thought should be awarded.

1st Place: Warriors Way- \$9,500

2nd Place: Church on the Rock- \$8,000

3rd Place: Autism Life Center- \$8,000



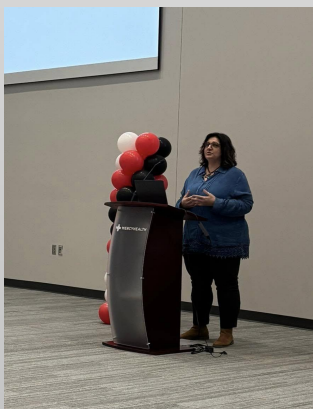
Activated Faith Community



1. Christian Corner Community Center
2. Church on the Rock
3. Compassionate Ministries of Lima
4. Elm Street Church of the Nazarene
5. Family Promise of Lima- Allen County
6. Greater Christ Temple
7. Kairos of Ohio (AOCI)
8. Lima Community Church
9. New Creation Lutheran Church (Ada)
10. New Life Christian Ministries
11. Pandora United Methodist Church
12. St. Mary's Christian Preschool (Bluffton)
13. St. Paul United Church of Christ (Wapak)
14. Zion Lutheran Church

Our **Activated Faith Community Challenge** is back for another year, thanks to our partners **Mercy Health and the Mental Health Board!** Recently, we awarded 14 churches and faith based organizations up to \$1,000 in mini grant funds. These funds served a variety of purposes including creating walking paths, starting a bucket garden, implementing healthy cooking classes, hosting mental health trainings, counseling, workshops and more! It is wonderful to see all the work happening to support the wellbeing of our residents!

More Recent Photos!



From bottom left and moving around:
Chili for Charity crowd
Kim Bader, mental health advocate spoke at Chili for Charity
Workgroups are meeting and working hard on community goals!



Free Tobacco Cessation Services

Ohio Department of Health
Tobacco Prevention and Cessation
Quit Line: ohioquits.org

There is no safe level of nicotine use and the benefits of quitting begin immediately.

There is **free** help available.

▶ **1-800-QUIT-NOW (1-800-784-8669)**

▶ **ohioquits.org**

If quitting tobacco is on your 2025 to-do list- you can start today and we urge you to not go at it alone! **Having support over doubles your chance of success and we have a couple of options to help you at no cost.** The moment you quit, your health outcomes start to improve. Please take advantage of the FREE assistance today!

Check Out The Allen County Health Atlas!

Have you see the Allen County Health Atlas? It is a great source to learn about community data, community health goals and learn about where you live! We encourage you to check it out today: allencountyhealthatlas.org

Allen County Health Atlas

Access health data for Allen County

Start typing to explore the Atlas

Search this site

QUICK START

Select **both a place and an indicator** to launch a map or chart.

Search Places

Search Indicators

VIEW MAP

VIEW CHART

Map showing Allen County with zip codes: 45844, 45833, 45807, 45801, 45810, 45812, 45896, 45805, 45804, 45806, 45850, 45877, 45817.

Upcoming Dates and Reminders

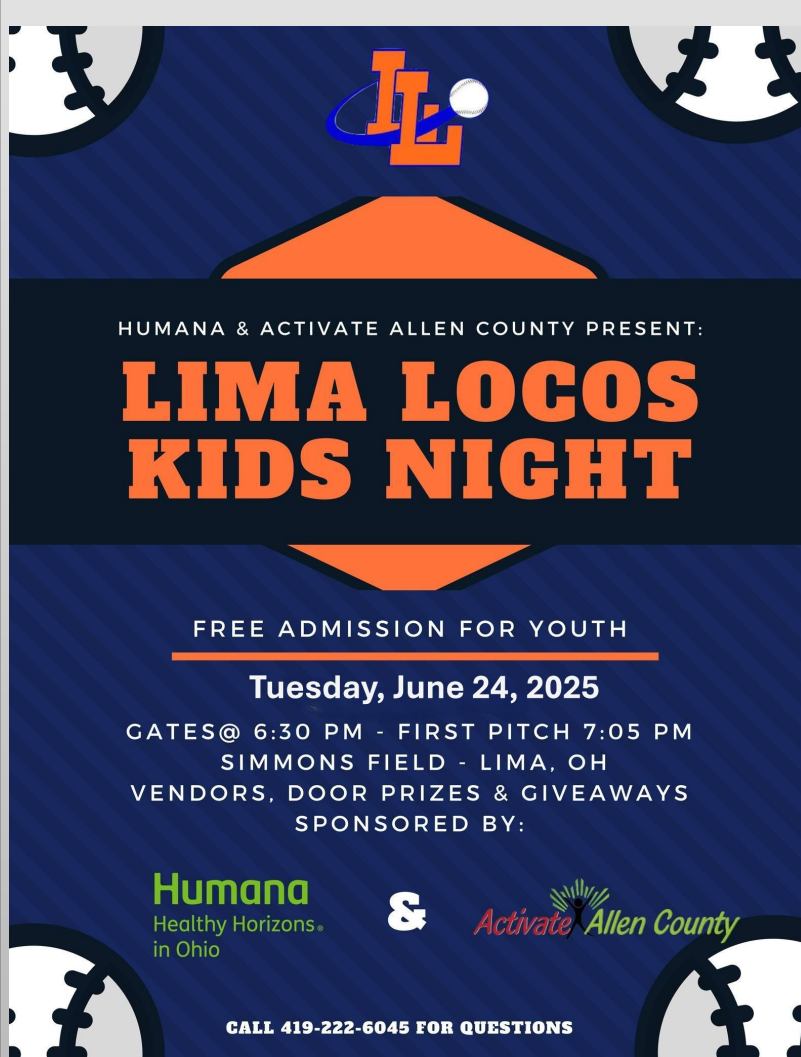
April 24th- **Mental Health Workplace Chat**- featuring Chad Dunlap, 7AM at Cenovus Registration and included Breakfast are FREE!!

[Mental Health in our Workplaces Chat with Chad Dunlap 4/24/25 - Apr 24, 2025 - Lima/Allen County Chamber of Commerce](#)

May 31st- **Lima Farmers Market** is back for another season at UNOH

June 24th- **Lima Locos FREE Kids Night at Simmons Field**, Gates at 6:30 PM (Flyer below, watch Activate's Facebook page for event page soon!)

June 24th- **Plant Swap at Bluffton Public Library**, 6 PM (Flyer below, watch Activate's Facebook page for event page soon!)



The flyer features a dark blue background with orange and white accents. At the top, there is a stylized logo with the letters 'L' and 'A' in orange, with a white baseball and a blue swoosh. Below this, the text 'HUMANA & ACTIVATE ALLEN COUNTY PRESENT:' is in white. The main title 'LIMA LOCOS KIDS NIGHT' is in large, bold, orange letters. Below the title, it says 'FREE ADMISSION FOR YOUTH' in white, followed by 'Tuesday, June 24, 2025' in white. The event details 'GATES@ 6:30 PM - FIRST PITCH 7:05 PM', 'SIMMONS FIELD - LIMA, OH', and 'VENDORS, DOOR PRIZES & GIVEAWAYS' are listed in white. At the bottom, it says 'SPONSORED BY:' followed by the logos for 'Humana Healthy Horizons in Ohio' and 'Activate Allen County'. A phone number 'CALL 419-222-6045 FOR QUESTIONS' is at the very bottom.

HUMANA & ACTIVATE ALLEN COUNTY PRESENT:

LIMA LOCOS KIDS NIGHT

FREE ADMISSION FOR YOUTH

Tuesday, June 24, 2025

GATES@ 6:30 PM - FIRST PITCH 7:05 PM
SIMMONS FIELD - LIMA, OH
VENDORS, DOOR PRIZES & GIVEAWAYS

SPONSORED BY:

Humana
Healthy Horizons.
in Ohio

&

Activate Allen County

CALL 419-222-6045 FOR QUESTIONS

The Bluffton Public Library & Activate Allen County present:
BLUFFTON ANNUAL PLANT SWAP

TUESDAY JUNE 24

STARTS AT 6:00 P.M.

Bring an outdoor perennial and/or a houseplant and leave with something new!

BLUFFTON PUBLIC LIBRARY: 145 S. MAIN ST.

JOIN US FOR OUR 3RD BLUFFTON PLANT SWAP! THIS YEAR, WE WILL BE SWAPPING BOTH HOUSE PLANTS AND OUTDOOR PERENNIALS, SO COME WITH EITHER OR BOTH!

A PLANT SWAP IS WHERE PEOPLE BRING AN OUTDOOR PERENNIAL OR A HOUSE PLANT (OR BOTH!) TO EXCHANGE ("SWAP") IT FOR A NEW VARIETY OF PLANT. IT'S A GREAT WAY TO EXPAND YOUR PLANT COLLECTION & MEET FRIENDS!

FOR QUESTIONS OR ADDITIONAL INFORMATION: CALL 419-222-6045, VISIT THE BLUFFTON LIBRARY OR EMAIL CHAD WELKER AT CWELKER@LIMACHAMBER.COM

FACEBOOK EVENT PAGE:



2025 Newsletter, April

YOU Are Activate! Please follow us on Facebook and Twitter if you have not already done so! Website: www.ActivateAllenCounty.com
These avenues are great ways to stay up to date with what is happening!
Check out our new video below highlighting the work of the Chamber!



Have a community success story to share?



twitter.com/ActivateAllenCo



facebook.com/ActivateAllenCounty



**Interested in more information about Activate Allen County
and how to get involved? Please contact us today!**

Contact us: 419-222-6045 • Email: kmonfort@activateallencounty.com