



July 2025

Have You Checked out our Community Health Atlas?

**Check
out the
ALLEN
COUNTY
HEALTH
ATLAS!**



What is the Health Atlas?

The Allen County Health Atlas is an interactive, easy-to-use online platform that gives residents, policy makers, healthcare professionals, and organizations access to valuable community and health data in Allen County, Ohio.

Learn more about Allen County:

- ✓ Access demographic and environmental data
- ✓ Track health indicators by neighborhood or ZIP code
- ✓ Visualize trends over time
- ✓ Download and share maps, charts, and community snapshot data

Who is it for?

Whether you're a healthcare provider, educator, student, community leader, or interested resident, the Health Atlas helps you learn about your community and make data-driven decisions that support a healthier Allen County.

Explore the Health Atlas today!
www.allencountyhealthatlas.org

Video tutorials help you easily navigate the website!

If you have not visited our **Allen County Health Atlas**, you are missing out! We have lots of great community level data, information about our Health Improvement Plan. Anyone can utilize this data for program planning, grant writing, school projects or just general community information. Head to allencountyhealthatlas.org today and see all this amazing resource has to offer!

Mental Health Symposium and Awareness Activities

In April, we held our first **Mental Health Symposium** sponsored by **Cenovus Lima Refinery**. A huge thank you to speaker Chad Dunlap for sharing his story and talking about a company culture that promotes strong mental health. We also took part in **Mental Health Awareness Month** throughout the month of May and joined the MHRSB at their community breakfast. It was a great month of celebrating all the amazing efforts in our community to make sure that all have access and the ability to obtain Mental and Behavioral Health Resources.



Activated School Challenge Awards



Presentation of Awards and Project Summary

A. Allen County

1. Allen County Educational Service Center
2. Elida Elementary School
3. West Central Ohio Learning Academy
4. Heir Force Community School
5. Allen East Middle School
6. Shawnee Maplewood School
7. Independence Elementary (Lima City)

B. Auglaize County

1. New Knoxville Schools

C. Putnam County

1. Fort Jennings Local School
2. Kalida Elementary School
3. Ottawa Elementary School
4. Miller City New Cleveland Local School

Our **Activated School Challenge** is back for another year, thanks to our partners **Mercy Health and the Mental Health Board!** Recently, we awarded 12 schools from 3 counties up to \$2,500 to complete their activities. These funds served a variety of purposes including adding to physical activity options, MHFA training, healthy cooking classes, RoX programs, sensory rooms, and diverse playground equipment additions! It is wonderful to see all the work happening to support the wellbeing of our students!

More Recent Photos!



Our season at **South Jackson Community Garden** got off to a great start! We also worked with the **K-Kids at Independence School** to provide pedometers to increase movement and they enjoyed a great walk to the police station to test them out!



Lima Locos Kids Night



A huge thank you to **Humana** for sponsoring our annual **Free Kids Night at the Lima Locos game!** It was a great night of fun. Thank you to all vendors who joined us at Simmons Field. We were able to conduct **community surveys** and **provide bike helmets** and lock boxes to many families who attended the game.



Plant Swap at Bluffton Public Library



We had 16 residents join us at **Bluffton Public Library** for our **plant swap**. This is a great evening for plant lovers to gather and leave with a new plant to add to their collection!

Upcoming Events- Plan to Attend!



ENJOY FRESH & LOCAL PRODUCTS
WITH YOUR FRIENDS & FAMILY

SATURDAYS
MAY 31 - SEPTEMBER 27
9:00 AM - NOON

LOCATION
UNOH RACERS STATION
1365 N. CABLE RD.



SATURDAY
19 JULY
11AM-1PM

SOUTH JACKSON BLOCK PARTY

~ 200 S Jackson St, Lima, OH 45804 ~

Join Activate Allen County to kick off
our Summer Block Party featuring
community resources, raffle prizes,
giveaways, free food & more!

- ✓ FREE FOOD TRUCK
- ✓ INFLATABLES & GAMES
- ✓ DJ & PHOTO BOOTH



Humana

Activate Allen County



**NEW
CONCESSIONS**



Follow Activate Allen County on Facebook for more info! @ActivateAllenCounty

Mental Health First Aid **Monday, July 28th, 2025**

Lima Community Church / Journey Building

2945 N. Cole St., Lima

8:30am – 4:30pm

To register, email ddickman@passaah.org

Registration Deadline: July 18th

WHO SHOULD TAKE IT

- Front Line Staff
- Employers
- Police Officers
- First Responders
- Faith Leaders
- Community Members
- Caring Individuals

WHAT IT COVERS

- Common signs and symptoms of mental illness
- Common signs and symptoms of substance use
- How to interact with a person in crisis
- How to connect the person with help
- **NEW:** Expanded content on trauma, addiction and self-care

The course will teach you how to apply the **ALGEE** action plan:

- **A**ssess for risk of suicide or harm.
- **L**isten nonjudgmentally.
- **G**ive reassurance and information.
- **E**ncourage appropriate professional help.
- **E**ncourage self-help and other support strategies.



United Way of Greater Lima

SOAR Study in Lima- Sign Up Today!



What if we could transform mental health care and save lives?

Ohio is stronger with healthy individuals, families and communities, but poor mental and physical health are barriers to realizing their full potential for too many Ohioans.

Ohioans, ages 12 and up, along with their family members, can help build a healthier Ohio by participating in this study to help us understand factors that contribute to risk and resilience, which can inform and guide new strategies for prevention, treatment, recovery and resilience.

MENTAL HEALTH IMPACTS EVERYONE:

At home, at school and at work.

Nearly 1 in 4 Ohioans lives with a mental health issue

1 in 13 lives with addiction

5 Ohioans die by suicide every day

TO LEARN MORE OR TO GET INVOLVED, PLEASE CONTACT US:

Website: SOARStudies.org

Email: SOARStudies@osumc.edu

Phone: 614-388-8223



[Login - SOAR Portal](#)



Ohio is stronger with healthy individuals, families and communities. Be part of this historic study.

The study involves at least one in-person visit (10 sites statewide) and one or two additional visits (online or in person), either in person or virtually.

Study procedures include:

- Physical and mental health screening
- MRI and EEG brain scan
- Blood draw
- Surveys sent to your phone
- Questionnaires and assessments for risk and resilience

Compensation: Up to \$325

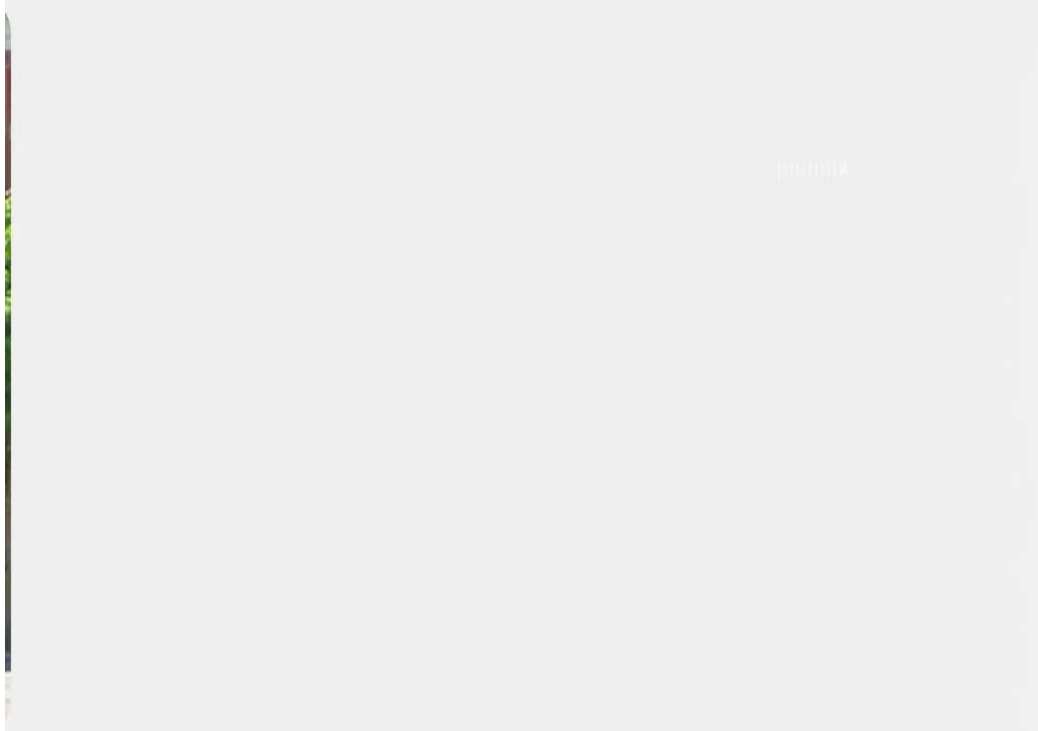


THE OHIO STATE
UNIVERSITY

WEXNER MEDICAL CENTER

2025 Newsletter, July

YOU Are Activate! Please follow us on Facebook and Twitter if you have not already done so! Website: www.ActivateAllenCounty.com
These avenues are great ways to stay up to date with what is happening!
Check out our new video below highlighting the work of the Chamber!



Have a community success story to share?



twitter.com/ActivateAllenCo



facebook.com/ActivateAllenCounty



**Interested in more information about Activate Allen County
and how to get involved? Please contact us today!**

Contact us: 419-222-6045 • Email: kmonfort@activateallencounty.com